

## **Relevance of specialization in Homeopathy in Russia.**

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### Abstract:

Critical issues of specialization in homeopathy in continuous postgraduate training.

The current development of the homeopathic treatment in Russia, in our opinion, once again forms the necessity to assess the appropriateness of introducing homeopathy into the range of degree programs.

The main tasks for the use of the homeopathic method in practical healthcare were defined at the session of the Scientific Council of the Ministry of Health and Medical Industry of the Russian Federation (Ministry of Health of RF) in 1994 (Minutes № 26 of 27.12.1994.) and set out in the order №335 of the Ministry of Health of the RF on November 29, 1995 - "On the use of the homeopathic method in practical healthcare" have been successfully implemented. Since 1995 more than 200 Doctor of Science and Ph.D. dissertations in the field of medical, pharmaceutical, biological and veterinary sciences in 30 different specializations in 43 Russian scientific institutions, which include the results of the use of homeopathic remedies, were defended. Currently, educational programs, training and teaching guides on homeopathy are developed. Successfully carried elective courses and work special chair, teaching methods of homeopathy in the leading medical universities in Russia.

Despite the fact that in the past period considerable work both by the scientific substantiation and the formation of the evidence base of effectiveness of the practical application of homeopathic remedies was done, the issues of organizing and conducting fundamental research, which may be implemented only within the framework of introducing homeopathy as a degree program, remain. In our opinion, this requires the determination of the first critical milestones to achieve the goal, and only then the realization of the planned initiatives.

For this purpose, at this moment of development of the homeopathic method of treatment in Russia, in our opinion would be timely in accordance with the current legislation (Federal law of 12.04.2010 #61-FL (ed. From 07.13.2015) "On circulation of drugs" ( entered in force from 24.07.2015) and the order of the Ministry of Health of the Russian Federation of 29 of November , 1995 #335 "On the use of the homeopathic method in practical health care", the order of Ministry of Health of Russia #538n from 27.07.2016 "On approval of the list of names of drug forms for medical use", identification the issues, reflecting aspects of applying the homeopathic method of treatment - the rules of production and the appointment homeopathic medicines in the framework of the developed programs and methodical recommendation in order to implement continuous postgraduate training.

## REPORT

In our opinion, the current development of the homeopathic treatment in Russia once again creates the need to assess the appropriateness of introducing homeopathy into the nomenclature of degree programs.

The homeopathic treatment is reasonably and legally used in public health services in the Russian Federation as confirmed by the following normative acts:

Decision of the Board and the Bureau of the Academic Council of the Ministry of Health and Medical Industry of the Russian Federation of December 27, 1994. (Minutes No. 26) "On the use of the homeopathic method in practical health care".

Order of the Ministry of Health and Medical Industry of the Russian Federation of November 29, 1995, No. 335 "On the use of the homeopathic method in practical health care" and normative acts of the Ministry issued in pursuance of this order, regulating the use of the homeopathic treatment, medical and pharmaceutical personnel training, research work.

Since 2010 homeopathic remedies are included in the Law on Circulation of Medicines.

Federal Law No. 61-FL of 12.04.2010 "On Circulation of Medicines".

Homeopathic remedies were introduced and listed in the clause 15 of the Article 4 as an independent medical aids group.

In June 2016, after passing the procedure for public discussion, the Federal Law was approved in the new edition of 03.07.2016 with the preservation of homeopathic remedies in it.

Order of the Ministry of Health of the Russian Federation No. 538 of July 27, 2016 "On approval of the list of medicinal products for medical use". In Paragraph 34,

homeopathic medicinal products are defined as “Special forms of homeopathic medicinal products”, which regulates their production

At the end of 2016, the Public Chamber of the Russian Federation supported the proposed measures for the further development of homeopathy.

Recommendations of the Public Chamber of the Russian Federation from November 18, 2016 No.5OP-2/2507 to the senior officials (heads of supreme state authorities) of the constituent entities of the Russian Federation on the results of the round table “On the development state and measures of expanding the homeopathic method in practical health care”.

Since 1995 more than 200 Doctor of Science and Ph.D. dissertations in the field of medical, pharmaceutical, biological and veterinary sciences in 30 different specializations in 43 Russian scientific institutions have been defended. These research works reflect the results of the use of homeopathic remedies.

The Department of Homeopathy of the Peoples' Friendship University of Russia was founded on the initiative of the Russian Homeopathic Society, which is a member of the International Medical Homeopathic League, in 1996.

The first Head of the Department Dr. Med. Rudakov I.A. was a chairman of the Russian Homeopathic Society (1990-1999). He made a great contribution to the formation and development of homeopathy in Russia during this period.

In 1998-2007 Ph.D. Zavadskaya A.I. was the Head of the Department. She contributed to the creation of the research base and the development of international relations of the department with the representatives of various schools of classical homeopathy.

At present under the guidance of Dr. Med. Gushchin Alexey Yurievich the Department continues to develop the established traditions of both research and teaching practice, which is carried out by the leading professors of the department: Dr. Med. Kosmodemyanskiy Leonid Vladimirovich, Dr. Med. Rolik Ivan Stanislavovich, Dr. Med. Abdulmalikov Ravshan Abdumuminovich, Dr. Med. Chumakov Viktor Vasilyevich, Ph.D. Zabnenkova Olga Vladimirovna, Ph.D. Rolik Olga Ivanovna.

The Department of Homeopathy successfully and regularly presents the results of its scientific and clinical activities at international congresses in Russia and abroad. The Department employees annually organize and hold international conferences.

The Department of Homeopathy of the Peoples' Friendship University of Russia is the first university department in Europe to use its own experimental and clinical

research results in teaching and therapy, which is confirmed by patents and copyright certificates.

Monographs, educational-methodical manuals and articles on topical issues of homeopathy and related disciplines are issued annually.

Training programs on Homeopathy corresponding to international training requirements for Homeopathy have been developed and approved.

The Department graduates have unique internship opportunities at the clinical centers of the Department in Russia and abroad.

The degree certificate issued by the Department of Homeopathy of the Peoples' Friendship University of Russia on the successful completion of training has international recognition in many countries. And we hope that it will be recognized by the LMHI as well.

The teaching staff of the Department conducts an extensive pedagogical activity, scientific research work, which is presented in scientific publications. The research results were reported at international congresses and conferences and were awarded prizes.

Findings and inventions are confirmed by patents and copyright certificates.

One of the leading clinical centers is the Moscow Homeopathic Center, which was founded in 1935. Practical training and analysis of the clinical cases are conducted there.

Unique and usual clinical practice cases are visually demonstrated. Patients' pictures.

I'll describe this case in more detail if needed.

### **Case: Phlegmonous tonsillitis (paratonsillar abscess)**

Patient A., 21.

Complaints: severe pain in the throat, which reflected in the left ear, inability to speak and open the mouth, fever up to 37.8 ° C.

Life anamnesis:

Before getting sick she experienced a prolonged stress associated with the exams session.

Disease anamnesis:

She followed the prescription of the otolaryngologist for exacerbation of chronic tonsillitis, which included rinsing the throat with the antiseptic solution for one week. In addition, she independently took a complex of homeopathic remedies, which eased the pain. She also rinsed the throat with the sage solution and applied the ointment with a warming effect to the neck in the area of the almond glands projection. Despite the ongoing therapy the complaints remained.

A preliminary diagnosis was made after the examination: Phlegmonous tonsillitis (peritonsillar abscess). An urgent hospitalization and a course of antibiotic therapy were offered, but the patient refused.

Homeopathic treatment was suggested. We made a preliminary explanation that if within an hour we didn't observe any therapeutic effect from the prescribed GLP, hospitalization and an antibiotic therapy with a possible surgery would be necessary. After receiving patient's consent for the homeopathic therapy homeopathic treatment was prescribed. After the first dose of the prescribed GLP, the patient noted the positive effect in the reduction of the throat soreness. The pain in the throat was more severe on the left. In 30 minutes the patient was able to open her mouth. This allowed to conduct a full examination of the throat and to establish the left-sided localization of the peritonsillar abscess in the stage of spontaneous dissection into the oral cavity.

**photo №1**

A night shift of the family members was arranged at the patient's bed under my personal control until the patient's overall condition clearly improved.

There was a stable positive dynamics of overall condition on the next day: patient's pain remitted, the temperature normalized, the patient started speaking and she could receive liquid food.

The examination showed the decrease in the larynx swelling, an active self-draining of the abscess, reduction of the local inflammation and signs of general intoxication.

**photo №2**

The left ear was slightly sore and stiff.

Evening control: satisfactory condition, reduced complaints. The occasional tingling in the left ear retained.

Objectively: pharynx swelling significantly reduced.

### photo №3

Morning patient's check didn't show any signs of the severe pathology.

### photo №4

Along with this case, the students have the opportunity to study the effectiveness of the homeopathic treatment on a number of other cases from medical practice that cannot be treated by any methods of conventional therapy.

A significant number of couples who couldn't have children due to the medical reasons have become happy parents in virtue of the skillful use of the homeopathic treatment.

Great experience in the treatment of various diseases that do not respond to standardized methods of treatment, including infertility and pregnancy care has been accumulated.

New modern technologies that improve the effectiveness of the educational process and are aimed at optimizing and standardizing the choice of homeopathic remedies are successfully introduced.

In 2015, at the 70th League Congress, the developments of the Expert Medical System - Diagnostic Analytical Repertory (EMC-DAR) were highly appreciated.

Over the past 2 years this work is being actively developed and integrated into the educational process and is already used in practice. The graduates of the Department of Homeopathy successfully apply the received knowledge in their medical practice.

Through the joint efforts of the LMHI members and representatives of various homeopathic communities Moscow hosted the United Homeopathic Congress on 15-16 October 2016 - the 1st Eurasian Congress of Homeopathic Medicine and the 25th Congress of the Asian Homeopathic Medical League. Within the framework of this Congress the "World School of Homeopathy" (headed by Prof. L. Kosmodemyansky) accredited by the Coordinating Council for the Development of Continuous Medical and Pharmaceutical Education of the Ministry of Health of the Russian Federation was held for the FIRST TIME.

The development of the Continuous Medical Education in Homeopathy Program was conducted at the Department of Homeopathy of the Peoples' Friendship University of Russia.

Despite the active development of the homeopathy use in Russia, the question of the necessity to introduce a degree program in Homeopathic Medicine in Russia still remains unresolved. Therefore, taking this opportunity, I would like to ask the respected experts in the international homeopathic community this question. We would like to make a competent and well-considered decision on this issue taking into account your experience of the development of homeopathy in different countries.

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