

20 years of MS, under exclusively homeopathic treatment regarding the effect of high potencies in severe akute episodes

Patient, male, 63 years , back then farrier and later on carpenter, he was diagnosed with "MS" in 1996.

However, due to the symptoms, it is possible that the disease had existed many years before:

The fact that the patient immediately came to see me was due to the fact that he had been in my treatment before, in 1988, then again in 1991.

It was interesting that both symptoms and remedies had occasionally appeared in intervals, but the complaints were to such an extent that I did not see the patient for many years because he was doing well or he treated himself homeopathically with the remedies that were familiar to him.

Not before the symptoms became more prolonged and he noticed that the remedies did not help as usual, he got a CT scan followed by Liqor puncture and finally he received the diagnosis.

Occasional dizziness with visual disturbances in a six-foot-three hypotonic man does not necessarily imply that MS is present, especially in a man who worked on the most severe physical level and has been restored for a few years, each time after one single dose of "his" remedy.

Of course, I asked myself whether an earlier diagnosis would have changed the course or treatment.

But I do not believe that, because:

For the treatment it was primarily interesting that the diagnosis did not alter the prescribed remedies.

It remained essentially the same with the same remedies, later supplemented by frequent changes and new ones, depending on the occasion.

The only really new symptom that came along with the diagnosis was the "electrical sensation" on the whole body without precise systematics or more precise limitations.

Up to this time the paresthesia had not been slightly specific , which had yield to the respective remedy.

However, the first step, so to speak, came quickly due to a truly clear modality, which indeed always belonged to him as an individual capacity, but now gained in importance:

"Implicit need to run in the wind "- because everything improved, the electric feeling, the dizziness, the double vision.

As i said before, all these symptoms were already occurred- but they did not respond to Natrium mur., which was yet quite effective.

Therefore the first symptoms after the diagnosis required **Tub M** as a single dose: I had already noted **Tuberculinum** at the beginning of the treatment as a miasmatic background, but i did never administer it, because so far there wasn't a single reason.

According to his own statements, the loss of the stressful workplace, which for a long time had been an insane one, had finally "did" him in, as he called it.

His life had thus experienced a real and existential drop.

Referring to the remedies in advance:

Plumbum met. , which over the years developed more and more into the leading remedy, had also been given earlier, but without the expected effect:

So it seemed to be that the remedies actually have "their time," and we should give more attention to that.

Later I could draw further conclusions from this curiosity.

Today, I would like to state as a thesis, as an observation result of the many years of homeopathic treatment:

A disease such as MS is from a miasmatic point of view, according to my discretion, what Hahnemann would have called "complicated", or as a complication of miasmas:

It appears to me that the treatment of today's ever-increasing autoimmune diseases is sort of a tricky disentanglement task of the Hahnemann formulated miasmas- even if, according to his almost visionary prediction of the development, they are more and more multiplied. After all, he himself did not even distinguish between acute and chronic miasmas- in the preface to the CK and in the 4th Organon he presents his hereditary poison model at first.

Interestingly, aside from **Sulfur** and **Mercury**, he also mentions **Plumbum** as a medical suppression error, even if he still reduces it to suppressed skin rash in his scabies model. So we have a really reasonable basis to be able to work homeopathically meaningfully and purposefully:

My experience after more than thirty years of homeopathy has taught me that we can only do a good job, the closer the drug choice is to miasmatic orientation.

Against this background, the abundance of remedies will be comprehensible, which is often necessary by the so-called "Autoimmune" diseases, when it comes to unraveling the miasmas that have been matted and complicated by generations. According to Hahnemann the underlying Psora is never cured, but only oppressed and turned into a "1.000 headed monster", to whose healing up many remedies are necessary.

Furthermore, I have been able to observe the treatment of our present auto-immune diseases, that also new rules must be found, the frequency of administration, the duration of action, the Kent's scale, and also Hahnemann's information on duration of action.

Perhaps our fast-paced time also contributes, along with influences that Hahnemann did not know:

On top not only our way of life, our diet, but especially our growing life with electronics - just think of cell phones worn on the body, etc.

Above all, the increasing intellectualization, because - as Hahnemann said:

nothing encourages the development of the Psora more than disturbances in the mind: he even says that "man can spend more than ten years on the galley than in unhappy circumstances."

The frequency and repetition of the remedies:

In the case described here, the repetitions ranged from three days to a few months to years.

In addition, I realized very quickly that apart from that, the so called "banal" intermediate events such as accidents, operations or infections against the background of an auto-immune disturbance necessarily should be treated extra, in order to prevent possible further irritations in chronic occurrence:

It was also found to be advantageous to repeat the previous chronic remedy immediately after acute events- even without symptoms- in order to save the organism from debilitating prolonged convalescence, as it happens in chronic events, sort of bringing it back as quickly as possible to its important program.

That is one of the reasons why the treatment differs from all other diseases without auto-immune background.

This approach requires a more differentiated observation and also requires more awareness of the patient: this is not always easy because it is important to keep the balance between repression and hypochondria:

Because the greatest difficulty with diseases of this kind is the repression:

Especially in the case of missing complaints, every person tends to forget his illness anyway, which, according to my observation, is by no means allowed in auto-immune diseases, but where it happens most often:

Therefore my patients receive a scale from me, and so to speak, as a "direction of use" the comparison of their disorder with a "naughty child, to which one must be on the watch as it were close on his heels ", where you should not tolerate anything which would last longer than two days as a complaint.

At this "scale" I start out from the first of the so-called " "Critical days" according to Hippocrates, whereupon the organism decides on the third, fifth and seventh day of a disease whether it bootstraps itself or expects external help.

Up next the given remedies, listing the occasions as well as details of the chronological sequences:

The remedies used so far have been:

Since 1988 the Sodium Salts which have been given at higher intervals among others :

Nat.mur., Nat.sulph., Nat.carb., Borax (which proves to be helpful in the case of nycturia, but is variable).

Miasmatic mostly trimiasmatic, although differently weighted.

Then more and more miasmatically clearer:

Tuberculinum, Lycopodium, Bryonia, Rhus Tox., Selenium, Ignatia, Plumbum met., Aconitum, Arnica, Staphisagria, Veratrum album.

Occasions of administration can be divided into physical and mental ones:

Physical:

Efforts, infections, pain, poisoning by varnishes and nitrates in the workplace, pharyngitis, circulatory collapses, falls, sciatica, surgery.

Mental:

Stress and anxiety around the workplace, and finally its loss., Unexpectedly irruptive worries and sorrows affecting the family, experienced as severe shocks.

There were clear differences in the use of the potencies:

It was interesting to observe that purely physical events were to be controlled with potencies c.30-200, while the mental ones only responded to high till maximum potencies.

Regarding the periods and intervals of the repetitions:

They were based on the intensity and duration of the complaint or the event:

A single dose C200 was sufficient, especially for purely physical events. But it was also necessary to repeat an XM for several days, whenever it was about mental stuff.

However, the duration of an effect :

There was obviously no longer any rule - that seems logical to me, because it is the immune system itself that ignores existing laws - and it also had nothing to do with the nature of a drug:

We know that there are slow and fast remedies.

I only took this fact into consideration as far as the choice of the respective potency was concerned.

The velocity of the onset of effect is reliably influenced by the magnitude of the potency.

The most difficult thrusts were to be recognized as:

Violent sudden paresthesia, heavy-feelings, muscle deficit, foot lift weakness, weakness condition, corresponding collapses, occasionally mental symptoms of delusion-like stepping out of the body- which was nevertheless attentively and promptly observed by the patient- unfortunately often reported a little to late.

It is generally ascertained on their inducement, intensity, and frequency:

That there was no system or rule of their occurrence, except that physical disturbances did not trigger **anything neurological**, not even a prostate surgery.

It was always rather mental events, shocks, bad news, worries, cares.

That physical disturbances did not trigger any neurological is not surprising- Hahnemann has already declared that in the case of a chronic disease the chronic symptoms are silent if an acute one appears- and that even an acute event can be an expression of the chronic one. And that only "life in unhappy circumstances" reliably shocked the basis of chronic sickness.

Every time the thrusts had a mental trigger:

After all, the system collapsed when the extremely stressful yet secure workplace was dropped.

Here, there was initially a certain problem in compliance:

Because the patient is a gentle introverted mind by nature and does not necessarily directly expresses, what depresses him, thus what literally "offended" him:

Now, however, the years of encouraging treatment had resulted in so much confidence that he could now name me these triggers.

And with this he helped me to a secure choice of means and himself to a better state of health.

Because from the homeopathic point of view, the symptoms of the mind are in the first place for this choice.

It was about suddenly unexpected worries and tribulations concerning his family:

Examples:

the daughter fell sick (meanwhile healed) with anorexia, his father in England fell sick with Parkinson's disease- thus unexpected regarding the neurologically empty family anamnesis. Then the terminal care of his mother-in-law. And finally, he unexpectedly became grandpa by his solitarily daughter.

At this time, the remedies "miasmatically" changed "so to speak" into a clearer direction:

The MS, which is often nicknamed "monkey disease", increasingly showed- medically speaking- sort of a "face":

It did not appear to be a "one-sided" disease in the homoeopathic sense, which would have been a negative development. However, it was better treated by clearer symptoms:

The symptoms were more and more focused on the legs, especially the feet.

From that moment the remedy **Plumbum metallicum** became predominant and more and more effective - until today.

To put it with Hahnemann:

The miasmatic basis became invariably clearer and as well the psoric part.

From a miasmatic point of view, it is now possible to understand it in hindsight, that specifically this remedy which has been given years ago , "due to the signs and symptoms", long before the diagnosis, had not any effect at that time:

Tuberculinia and Sycosis made the chronic occurrence less psoric, and thus less "prehensile", in other words vulnerable.

Finally, I would like to summarize the particular importance of this case presentation:

Treatment of chronic diseases- defined in the homoeopathic sense- is not possible without regard to Hahnemann's miasmas.

We must remember how much the original miasmas quasi have matted over countless generations.

The remedies seem to have something like their "time" of appearance:

We already know the hours of the day, seasons, moon, etc. - but that is no longer enough today.

I mean, however, with "point of time" not only these terrestrial general data, but the "point of time", as it were, the position of the disease in which it is located.

This ultimately means that the respective miasmatic position can be redefined at every prescription- to choose the remedy **afterwards**.

And we must be able to develop much more flexibility- which is quite possible with knowledge of Hahnemann's ideas, that we keep the so called rules aside, Kent's scale and yet as a valid learned duration of effectiveness.

And this is also the result of our own learning, that we must study the remedies increasingly differently, more precisely with a miasmatic assignment.

And, most importantly, the question of potency choice is to be reconsidered:

Because it was precisely revealed in the really severe thrust, that only extremely high potencies show immediate effect. The last administration was Plumbum in the CM- the reason was the sensations of heaviness of the legs, under which the patient suffered greatly:

He was limited in his favorite hobby- besides shooting- DANCING.

Since it is especially the increasing diseases of the immune system, which are on the rise, we must not forget, how little we know so far from this system at all and consequently how much less of its possibilities to be able to heal itself.

But research and experience from different disciplines have revealed something, that this system is capable of learning.

And to keep this learning ability always in motion, Hahnemann's system of homeopathy, along with his model of man and his sickness, provides us with a method of inconceivable precision.

I hope that with this case I could show you an example and thereof questions which have to be rethought- especially the observations and questions:

Hahnemann himself studied more and more, the older he became. So again, something we could confidently imitate:

Last but not least:

The very last remedy two weeks ago was Nat. sulf, the patient supposed it could be the right one. He knows his remedies very well: When the heaviness of the legs reappeared Plumbum surprisingly did not work, but the formerly reliable Nat. sulph. had an effect amazingly good and prompt.

Referring to the clinical context, use natrium sulphate rinsing in the case of plumbism - !- homoeopathically the Nat. sulph.-image has shown up again, I will now try to find out to what extent the plumb intake by his hobby - shooting- contributed to the development of the Plumbum image , this might have activated the Psora up to the manifestation MS.

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