"Limiting Cases" in the Clinica Santa Croce, Orselina

Liga-Congress

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Dr. med. Spinedi Dario



Introduction

- For the past 20 years, our group of 11 physicians at the "Clinica Santa Croce" has been treating hundreds of cancer patients. I would like to present those "limiting cases", in which we can clearly see how the collaboration of conventional medicine and homeopathy can lead to an improvement in the quality of life in patients.
- These cases are exemplary for many other cases.

Introduction

It is the aim of this work to show how strongly conventional medicine and homeopathy are complementary.

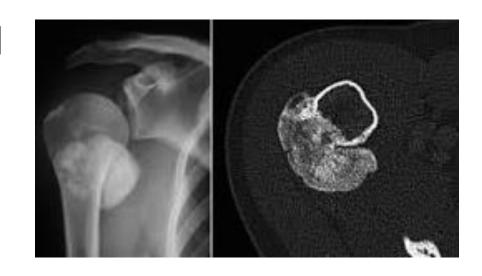
Introduction

- I will be speaking of patients where:
- mutilating surgery could be avoided thanks to utilization of conventional therapy and homeopathy
- 2. the **prognosis** could be **improved** thanks to the additional use of homeopathy
- 3. the side-effects of radiation and chemotherapy could clearly be improved
- patients opposed to or couldn't tolerate radiation and chemotherapy
- 5. homeopathic palliation improved the quality of life

Directory

- 1. Avoidance of mutilating surgery
- Improvement of prognosis
- Improved tolerance of chemotherapy and radiation
- 4. Intolerance or undesireability of chemotherapy or radiation
- 5. Aiding dying patients

Case of a 3 ½ year old boy with osteosarcoma of the proximal humerus



Dr. Dario Spinedi

A letter from a desperate father, Nov. 14, 2012: "Our three year old son was diagnosed with osteoplastic osteosarcoma in the left proximal humerus in Mai 2012.

Since then, he is undergoing treatment (chemotherapy) in the pediatric oncological ward at the university hospital in L.

...Initially there were no visible pulmonal metastases. He received two cycles MAP (Cisplatin, Doxorubicin und Methotrexate –in accordance with treatment protocol) as neoadjuvant therapy.

In a second phase however, they did detect a pulmonal metastasis...

...Except for the specialists in the USA, everybody else recommended the complete amputation of the arm including the shoulder joint, in order to ameliorate the local situation.

For the time being we decided against that. In accordance with our attitude towards life, we prefer the certainty of better quality of life over an uncertain, possibly higher probability for cure...

...In a second phase we contacted several hospitals with this question, adding the complete documentation in the patient file of N. Still, the COSS-study directors saw the amputation as the sole, oncologically clean possibility...

...We don't want to just passively wait and see how our son's tumor-situation will develop, trembling while anticipating the regular quarterly aftercare check-ups with CT, MRI etc. Instead, we are convinced that the growth of the tumor can be halted with homeopathy. We would like to begin the necessary cooperation with your hospital, in order to ensure the future wellbeing and survival of our beloved N."

Over a long period of time the boy was treated with **Phosphorus in Q-Potencies.** Intercurrently, he received:

- Lycopodium
- Causticum
- Tuberculinum
- Nux vomica
- Calcarea phosphorica

Each of the mentioned remedies was helpful for the presenting complaints an prescribed according to the symptoms.

The only treatment according to protocol was chemotherapy.

The humerus received an extendable endoprothesis in the area where the tumor had been removed. The prothesis can be adjusted to the rate of the boy's growth.



After an **observation period of five years**, the boy is doing very well. Clinically there are no visible signs of a recurrence of the disease. His mental-emotional development has also shown great progress, likewise his chronic coryza and his stammering.

Not quite secondary, I would to point out the fact that the child still has its arm, it was not amputated. With great joy he is enjoying climbing and playing football.

Several times throughout my years of practice I was permitted to witness patients preserving organs or limbs, because they defended themselves against an amputation with the support of a homeopathic physician.

Methodology

As long as:

- chemotherapy and radiation therapy are ongoing
- there is cancerous tissue in the body or
- the patient is suffering from pain

we use Q (LM) - Potencies

Methodology

Once the disease is stable, that is, once these three factors are not present anymore, we work with

- C-potencies according to Kent's scale
- C30
- C 200
- C 1.000
- C 10.000
- C 100.000

Dr. Malchow with Supervison byDr. Spinedi

A female patient aged 20 years presented at our Clinica Santa Croce with a highly malignant osteosarcoma of the right distal tibia.

She had already undergone surgery in February 2006, because at that time they had suspected an osteomyelitis.

The surgical intervention had been non-radical, thus worsening the prognosis of the young patient.

The patient needed the help of crutches or a wheelchair in order to move about.

The patient refused neoadjuvant chemotherapy due to possibly necessary blood transfusions (the patient belongs to the **Jehova's Witness** Community).

Thus, homeopathy was the only alternative, also, because the patient refused an amputation.

Based on the totality, the following remedies were prescribed:

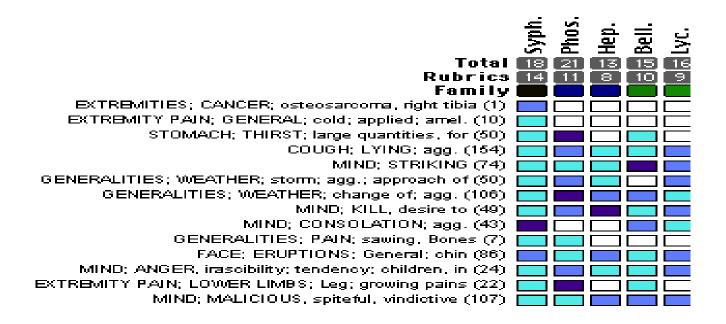
- Phosphorus Q 3
- Calcarea carbonica Q3
- Sulphur Q3
- Hekla lava X6
- Phosphorus Q4 to Q6

None of these remedies were able to ease the patient's pains.

The MRI, performed on June 10th 2006, showed that the Osteosarcoma had extended upwards.

The chest x-ray excluded pulmonary metastases.

renewed repertorisation



Prescriptions:

Syphilinum C200 and Calcarea fluorica X6

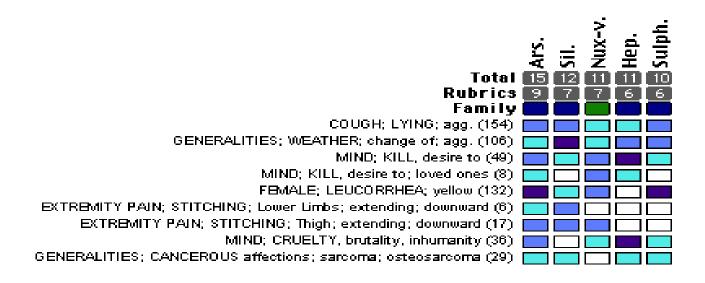
These remedies led to an amelioration of the pains.

In spite of the mild amelioration, the patient wanted to proceed with the amputation.

Again we examined the entire case, especially taking into consideration the mental-emotional state of this young woman, which was characterized by a strong, aggressive destructiveness.

(For example: she wanted to break the neck of her beloved husband. She awoke in the middle of the night and asked her husband to hold her tight, because she was having this impulse.)

Erneute Repertorisation



Prescription: Arsenicum album Q3 to Q9

The MRI on November 16th, 2006 shows: the disease is stable.

CT of the Thorax:
No pulmonary metastases

Clinically we observed an amelioration of the pains.

She received a few other remedies without effect.

Thus we continued with **Arsenicum album Q10-Q18**

MRI on May 15, 2007:

Reduction of tumormass in the upper third as well as in the distal tibia.

We continued with **Arsenicum Q21-Q23** every two days.

The MRI in November 2007 as well as the bone scan and the CT of the thorax showed: no tumor anymore and no visible metastases!

The patient continues to be in homeopathic care for various complaints

Since 2007 up to including 2014, the patient had an MRI of the lower limb, a **CT of her thorax and a full body szintigraphy every year**. Indications for a recurrence of the tumor or for metastases were never found.

Observation period: 10 years

Epicrisis

The patient was treated solely with homeopathy. Until today, she has not developed any recurrence of the tumor or any metastases.

1) Avoidance of Mutilating Surgery: A Case of Cancer of the Vocal Cords

Cancer of the Vocal Cords

Dr. Spinedi Dario

1) Avoidance of Mutilating Surgery: A Case of Cancer of the Vocal Cords

Previous history:

1993 removal of nodules on the vocal cords

1998 removal of nodules on the vocal cords

2003 surgery due to a myoma

2007 ",cleaning" of the vocal cords due to leucoplakia

2009 surgery of the vocal cords due to a carcinoma

2011 recurrence of the tumor, renewed surgery

2013 recurrence of the tumor. Suggested therapy now is removal of the larynx because of microinfiltration

1) Avoidance of Mutilating Surgery: A Case of Cancer of the Vocal Cords

The patient fears this procedure, because she would lose her ability to speak.

The attending physicians hence suggest radiation therapy, but without guarantee and still with the prospect of surgery.

They also give no guarantee concerning her voice.

Therefore, the patient turns to homeopathy.

1) Avoidance of Mutilating Surgery: A Case of Cancer of the Vocal Cords

Radiation therapy causes very strong pains.

During nine months, the patient is supported with **Phosphorus Q3-Q10**.

Towards the end of treatment with Phosphorus her voice has recovered very nicely and the patient is able to speak almost normally.

Following Phosphorus, she receives **Thuja und Sepia.**

1) Avoidance of Mutilating Surgery: A Case of Cancer of the Vocal Cords

Follow-up time: 4 years.

The patient is doing well, she has preserved her larynx and is able to speak normally.

Directory

- Avoidance of mutilating surgery
- 2. Improvement of prognosis
- Improved tolerance of chemotherapy and radiation
- 4. Intolerance or undesireability of chemotherapy or radiation
- 5. Aiding dying patients

Dr. Bondolfi, Supervision Dr. Spinedi

Case 4

Prognosis:

After diagnosis, in spite of all therapies, the average survival time is one year

Previous history:

G.S., a 14 year old boy, diagnosed with **Glioblastoma** multiforme, WHO Grade IV, on the right parietal side. Initial diagnosis on August 7, 2008.

Beginning signs of a paresis of the abducens nerve and headaches.

No spinal metastases.

Therapy:

Sept. 9 – Oct. 17, 2008: focal, cerebral radiation therapy with 60 Gray und concommitant chemotherapy with Temozolamide

Nov. 14, 2008 – May 5, 2009: adjuvant chemotherapy with Temozolamide

Development:

For the time being, the young man was treated with **Phosphorus** for the side effects of chemo- and radiation therapy, with excellent success (practically no side effects), according to the following scheme:

•	Sept. 9, 2008	Phos Q3
•	Sept. 12, 2008	Phos Q4
•	Sept. 26, 2008	Phos Q5
•	Oct. 10, 2008	Phos Q6
•	Oct. 27, 2008	Phos Q7

Upon one Follow-up, I asked the parents via telephone whether the young man had ever had any injuries to the head.

They answered: no!

I requested them to re-think together, if this was really the case.

When they returned for the next Follow-up, they had come up with a list of seven headtraumas which S. had suffered over the course of his life!!!

The case history gave many symptoms of **Sulphur** on the physical level and many symptoms of **Natrium muriaticum** on the mental level.

And because the boy had suffered so many injuries to the head, the diagnosis was clearly **Natrium sulfuricum.**

I recommended to my colleague to prescribe **Nat-sulf** as soon as **Phosphorus** would stop showing a good effect.

The colleague was so enthusiastic about the idea of **Natrium sulfuricum** though, that he didn't follow my advice. Instead, he immediately (Nov. 21, 2008) prescribed **Nat-sulf M**.

But, he had to return to **Phosphorus**, because the side effects of chemotherapy were too strong:

Jan. 12, 2009 Phos Q8

Jan. 28, 2009 Phos Q9

This continued in such a manner all the way to Phos. Q17 on May 5, 2009.

- Now he develops headaches, which disappear very beautifully upon the prescription of Natrium sulfuricum.
- Nat-sulf is given as follows:

May 14, 2009 Nat sulf Q3 May 25, 2009 Nat sulf Q4 July 2, 2009 Nat sulf M Aug. 25, 2009 Nat sulf M Oct. 6, 2009 Nat sulf XM Jan. 13, 2010 Nat sulf XM

Until today, to the astonishment of everybody involved (including the oncologists), the young man is in excellent condition.

Observation period: 7 years!!

Directory

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Dr. Wurster with Supervison by Dr. Spinedi

Case 4

After having undergone surgery and various radiation therapies, a 50 year old patient consults us for cervical metastases from an unknown squamous cell carcinoma.

The PET-scan and other examinations show that the primary tumor may be localized in the naso-pharyngeal tract.

The patient's symptomatology after radiation:

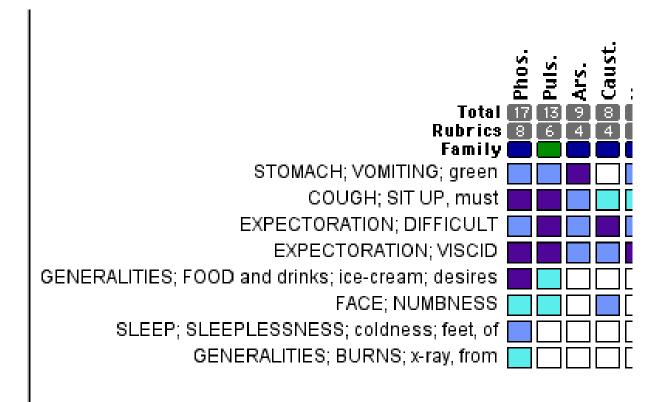
- The patient was vomiting bile all the time, couldn't eat and was suffering strong pains, as if from a wound in the throat.
- He had frequent, painful and hard coughing.
- He needed to sit up in bed in order to avoid a sensation of suffocation.
- Tenacious phlegm forced the patient to get up from bed 4-5 times every night. But due to a tearing pain in his lungs, he wasn't able to bring up the mucous.
- Within a short period of time he had lost 5 kg. He could only eat ice cream.

The oncologist and the radiotherapist told me, these symptoms would continue for **months**!!

At this time it is clear that we have to focus on the sideeffects of radiation therapy for the time being.

We should seek the best remedy to alleviate the symptoms according to the law of similars.

Repertorisation:



Prescription:

Nov. 10, 2003 Phosphorus Q3

Nov.21, 2003: ten days after the prescription of Phosphorus, the patient leaves the Clinica Santa Croce. He was satisfied, because his symptoms had ameliorated drastically:

	beginning	after 10 days
want of sensitivity in face	10	3
burning in throat	10	4
complaints while	10	4
swallowing		
sore throat	10	4
cough	10	3
tenacious phlegm	10	3
hoarseness	10	2
cold feet	10	2
impossibility to eat	10	3
sensation of foreign object	10	0
in throat		
thyroid pains	10	3
redness of throat	10	3
eructations	10	0

On November 26, 2003 the patient was seen by an ENTspecialist and the oncologist. Both were very surprised by the great amelioration the patient experienced within such a short period of time.

Epicrisis:

In these cases, the homeopathic remedy does not interfere with the conventional medical treatment.

Observation period: 13 years

Dr. Spinedi Dario

Case 5

In spite of all therapies (chemo, radiation and surgery), a seven year old boy developed a recurrence which is growing very fast and already has the size of 500 ml.

The oncologist's prognosis is poor.

The father reports that throughout Germany, only one child has survived a recurrence of a rhabdomyosarcoma.

The big question is, how the boy will cope with renewed surgery, radiation and chemotherapy.

The prediction is an inflammation of the intestinal mucosa, a necrosis of the femoral head and impaired growth.

Course of treatment:

The allopathic treatment is complemented with **Phosphorus in Q-Potencies**.

Result: complete cure without intestinal inflammation and without necrosis of the femoral head.

Meanwhile, he is a healthy, strong, tall man without any disturbance of growth.

Follow-up time: 17 years

The role of Phosphorus

About 70% of all patients who come to us while undergoing chemotherapy and/or radiation, recieve the remedy **Phosphorus** in a first phase. The remaining **30%** recieve (in the order of frequency):

- Arsenicum album
- Nux vomica
- Radium bromatum
- X-Ray
- Cadmium sulfuricum
- and others

Remedies that follow

Frequent remedies after chemotherapy and radiation are

- Conium
- Arsenicum
- Phosphorus
- Lycopodium
- Sepia
- Thuja
- Sulphur
- Carbo animalis

Individuality

This summary statement should not distract from the fact that

"each case is individual, rarely two cases are alike"

concerning the administered remedies as well as the sequence in which they are applied.

The Law of Similars always remains our guideline.

Dr. Paul Mutathukunnel

Case 6

The patient consulted us in 2004, after he had undergone surgery of the pancreas, the gall bladder and part of the duodenum.

He came to see us while he was still receiving chemotherapy.

Homeopathic Therapy:

July 5, 2004 Lycopodium Q3-Q5

Nov. 15, 2004 Arsenicum Q3,Q4

June 15, 2005 Arsenicum M

Aug. 9, 2005 Thuja XM

Sept. 30, 2005 Thuja XM

Nov. 16, 2005 Lycopodium XM

Feb. 24, 2006 Arsenicum M

Sept. 1, 2006 Arsenicum M

Nov. 30, 2006 Arsenicum XM

Jan. 29, 2007 Lycopodium M

Apr. 4, 2007 Lycopodium M ecc. until today

The remedies were always chosen according to the presenting symptoms.

The treatment was guided according to the fluctuations of the tumor marker CA19-9.

Follow-up time: 12 years (the prognosis of pancreatic cancer with chemotherapy is 1-2 years on average).

It is often observed that patients who come to us with a prognosis of only a few months to live, then survive several years.

All of this encourages us to seek contact with the academic world, so that we can collaborate for the wellbeing of our patients.

We don't see such beautiful development in all cases of pancreatic carcinomas. But if the case is not too far progressed, one can help.

Sometimes we accompany the patients for a while in a palliative manner, together with conventional medicine.

Directory

- Avoidance of mutilating surgery
- Improvement of prognosis
- Improved tolerance of chemotherapy and radiation
- 4. Intolerance or undesireability of chemotherapy or radiation
- 5. Aiding dying patients

4. Intolerance or Undesireability of Chemotherapy or Radiation A Case of an Adenocarcinoma of the Pancreas

Dr. Malchow ,
Supervisor
Dr. Spinedi

Case 7

4. Intolerance or Undesireability of Chemotherapy or Radiation A Case of an Adenocarcinoma of the Pancreas

A Senior Physician for Radiology from Germany comes to our Clinic as a patient in 2008.

He was diagnosed with pancreatic cancer.

The oncologists in Germany had suggested chemotherapy.

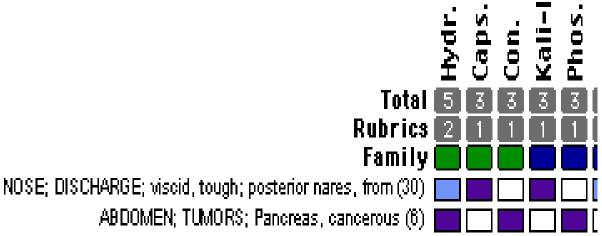
Since he was aware of the poor prognosis in cases of pancreatic cancer in spite of chemotherapy and he had heard of our Clinic, he tried our approach first.

The indicated constitutional remedy seemed to be Lycopodium or Phosphorus.

Neither of these two remedies helped him for the cutting abdominal pains he was experiencing.

Since he was also severely troubled by very tenacious retronasal mucous, we prescribed

Hydrastis



After **Hydrastis Q3** the annoying retronasal mucous disappeared, just like the pains in the abdomen.

After a few bottles of **Hydrastis**, the symptoms of **Lycopodium** became very clear, so we prescribed a couple of bottles of this remedy.

Great was our surprise, when he returned to Germany after spending one month in our Clinic and no tumor could be found anymore in the CT-scan.

Time of observation: 9 years

Dr. Spinedi Dario

Case 8

- the patient is a woman aged 50, diagnosed with ovarian cancer FIGO IIIc
- surgery in December 2014:
 - Hysterectomy
- doublesided ovariectomie
- peritonectomie of douglas and bladder
- omentectomy
- rightsided emicolectomy
- cholecystectomy
- Billroth II gastric resection

The very weakened patient refuses any kind of chemotherapy and thus comes to my outpatient treatment.

Homeopathic therapy:

- Arnica M postoperatively
- afterwards therapy with Sepia Q3-Q23 for 1,5 years
- Thereafter:

Thuja 200

Sepia M

Sepia M

Thuja M

Sepia XM

To the present day, the patient feels excellent. Her tumor markers are normal. Her subjective condition is very good.

Follow-up time: 2,5 years

Commentary:

This is a case where conventional medicine (surgery) and homeopathic therapy complemented each other.

4. Intolerance or Undesireability of Chemotherapy or Radiation A Case of a Large Primary Liver Carcinoma

Dr. Spinedi Dario

Case 9

4. Intolerance or Undesireability of Chemotherapy or Radiation A Case of a Large Primary Liver Carcinoma

The patient is an 80 year old male with a primary carcinoma of the liver.

Chemotherapy was discontinued due to strong side effects.

Therefore homeopathic approach, beginning in December of 2014.

4. Intolerance or Undesireability of Chemotherapy or Radiation A Case of a Large Primary Liver Carcinoma

Under the administration of

- Chelidonium Q
- Phosphorus Q
- Lycopodium Q

(depending on the symptomatology) the transaminases decreased, the appetite and the body weight increased.

Meanwhile, the patient is 82 years old. Every day he takes a walk with his wife for about one hour and can perform small tasks in his garden.

The size of the tumor has slightly increased.

Commentary

These examples show how nicely conventional medicine and homeopathy can help each other.

Directory

- Avoidance of mutilating surgery
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5. Aiding Dying Patients Carcinoma of the Sinus

Dr. R. S. Pareek, Agra, India

5. Aiding Dying Patients Carcinoma of the Sinus

This is the case of a patient who initially had bleeding nasal polyps. They were surgically removed. The polyps later degenerated into an inoperable carcinoma of the sinus, diagnosed in July 2008

The patient sought the help of Dr. Pareek in 2011.

Symptomatology:

- very fetid discharge from the nose, desire for icecold drinks and salt
- chilliness
- dryness of mouth and throat

Prescription: Carbo animalis M

Dr. Muttathukunnel Supervision:

Dr. Spinedi Dario

Case 10

A female patient with a nasopharyngeal carcinoma.

In 2008 she received three weeks of chemotherapy and 32 sessions of radiation therapy.

In 2012 she developed a recurrence.

In April of 2016 she is 60 years old and seeks our help at the Clinica Santa Croce. She presents with a carcinoma of the retropharynx with cervical metastases, an infiltration of the ethmoid and the sphenoid bone and very strong neuralgic pains, in spite of morphine and 3 different painkillers. The odour coming from her nose was beyond endurance.

Before, the patient had been sent home without any hope for cure.

I remembered the case of the carcinoma of the sinus of Dr. R. S. Pareek and recommended to my colleague to give **Belladonna 200** for the pains and afterwards **Carbo animalis in Q-potencies**.

Belladonna helped greatly for her pains. She was able to discontinue all pain medication.

After one week of treatment with **Carbo animalis**, a large piece of stinking tissue fell from her nose.

We were able to dismiss her from the Clinica Santa Croce after two weeks, free of pains, drug-free and in a very good general condition.

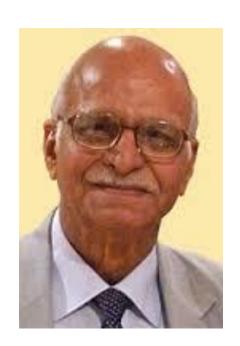
She continues to take **Carbo animalis in Q-potencies**.

To the present day (after a year) she is doing well.

Commentary

We are collaborating with the Dres. Pareek from Agra, India since the year 2005, because they are confronted with very many severely ill patients.





Dr. Dario Spinedi

Case 11

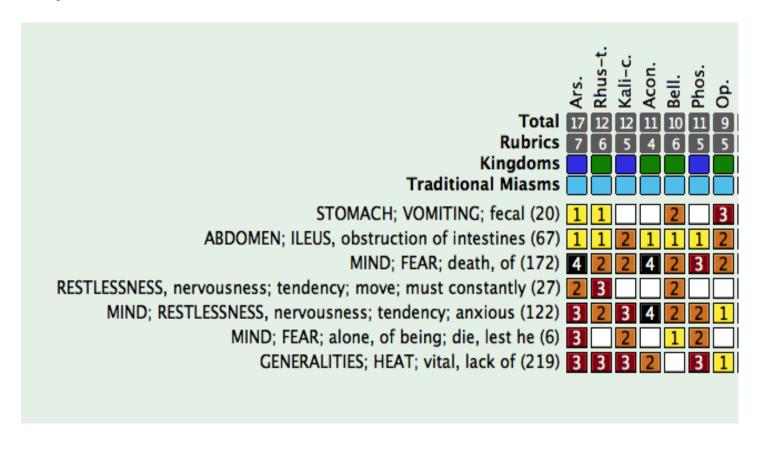
This case concerns the 65 year old mother of one of my patients. The mother is suffering from inoperable intestinal cancer with many metastases, leading to an ileus with vomiting of stool.

The patient has great fear of death and is tossing and turning, full of restlessness.

She has great fear of being alone.

She is very chilly.

Repertorisation



Prescription: **Arsenicum album C 30**, in water, every two hours.

After the second dose, the patient doesn't vomit any more stool. She is able to pass stool regularly. The pains decrease greatly, as well as the anxiety and restlessness.

One week later, the patient dies peacefully.

Commentary

- This case is exemplary for many others.
- Not always are we able to palliate as successfully as in this case.
- In some cases, if necessary, we need to add a bit of morphine.
- But even in these cases homeopathy can be of great help for "good" dying.
- It would be a blessing if every hospice had a practicing homeopath.

Our daily work



We do not want to forget those patients, whom we supported and who didn't manage to survive.

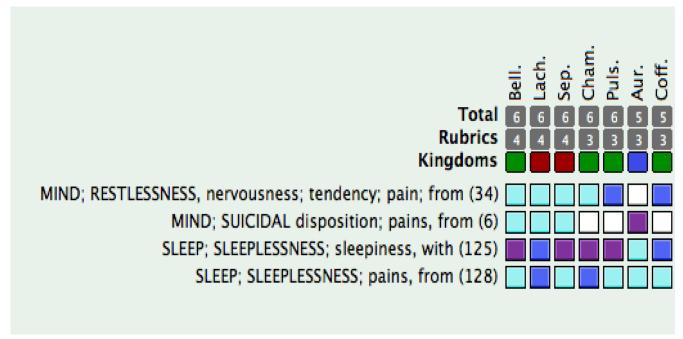
Accompanying severely ill patients confronts us with death again and again, in spite of all efforts.

Dr. Spinedi Dario

Case 12

- This patient is 60 years old. He has a carcinoma of the pancreas in a very progressed stage, with jaundice, cachexia, very strong pains (in spite of 5 painkillers) and great fear of death.
- The patient is full of despair, he is screaming constantly that he doesn't want to die.
- Great restlessness, he is pacing up and down in his room.
- He repeatedly announces that he will jump out the window.
- He hasn't been able to sleep now for several nights.

Repertorisation:



 Prescription: Belladonna C 200 (5-6 globules dissolved in water), administered every 10 minutes.

- After the tenth dose (after about 2 hours) the patient laid down and fell asleep.
- He slept right through until the next day !!!
 This hadn't happened anymore since weeks.
- From this moment onwards until his death 15 days later the patient required no more pain medication.

- The patient was calm, spoke with his family members and could say good bye to friends.
- He enoyed the beautiful September sun on the balcony of the Clinica and died peacefully.

Dr. Spinedi Dario

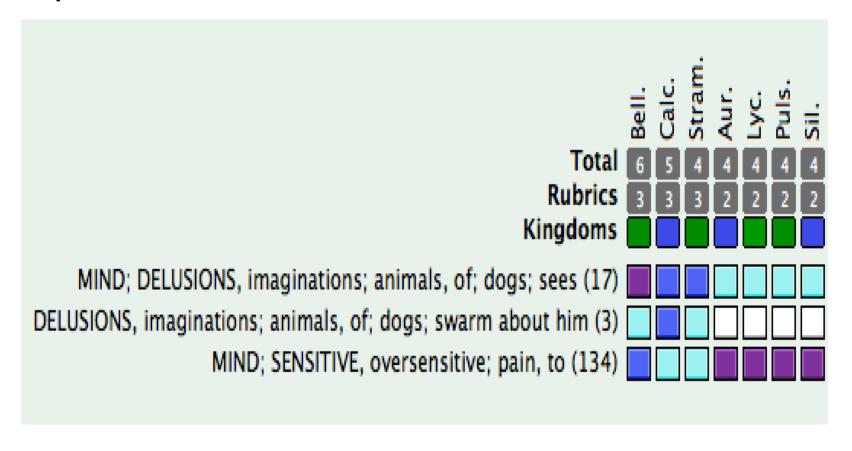
Case 13

- The 70 year old mother of a colleague, a conventional physician, was admitted to our hospital. She was suffering from pains due to an advanced carcinoma of the pancreas.
- In spite of her being with us for one week, we still weren't able to help her. Hence, the colleague told us he believed he would be able to help her better with morphine therapy at home.
- So he took his mother home.

- A few days later the colleague phoned us. In spite of high doses of morphine and his mother not responding anymore, she was constantly moaning in her soporific state and grimacing as if in pain.
- I asked whether he had observed any other symptoms in her, before she turned soporific.

- He answered: "Yes, something was odd.
 Before she fell unconscious, she gestured with
 her hand as if she was chasing something
 away.
- When I inquired what she was doing, she told me to send all those small dogs away that were walking around on the table. She also was seeing many small dogs on the walls."

Repertorisation



- I told the son to dissolve some globules of Belladonna C 200 in water and to administer some drops into her mouth every two hours, until he saw an improvement.
- A few days later he called me to express his gratitude: after the first drop of Belladonna his mother stopped moaning and died peacefully two days later.

Conclusion

It is my sincere hope that these few cases, which are exemplary for many other similar cases, will encourage conventional medicine and homeopathy to collaborate, on behalf of suffering patients.

Thank you very much





www.clinicasantacroce.ch

Our daily work

The university of Freiburg im Breisgau sent a professor of statistics, an oncologist and a doctoral candidate to our Clinica. They studied the charts of 300 patients who had been treated with homeopathy, and for four years compared them with a similar group of patients who were treated solely with allopathy.



Our daily work



They established that patients with homeopathic treatment had a statistically significant better quality of life than patients who were treated with allopathy only.

Bibliography:

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 a prospective observational study of two indipendent cohorts, BCM Cancer 2011; 11"