

Good evening

I tell you now an EGOTROPHIC CASE, about somebody who was anything but disobedient, A MODEL CHILD

This is a woman born in nineteen thirty-eight, who first came to see me on the ninth of September two thousand and four”.

She was suffering from retroperistalsis since a hysterectomy and having her rectum attached to her spinal column.

She had nocturnal precordialgia owing to a mitral dystrophy and felt as if her heart was shrivelling up and becoming wrinkled. She had headaches every day, a distended abdomen and constipation.

She said : “As soon as I start to walk, I get a burning sensation in my abdomen and it becomes hard. And I have to lie down when travelling in a car.”

She had pains in the third joints of her fingers, a sensation as if her fingers were being pricked by needles and the skin of her fingertips was made of cardboard.

She felled also her soles as if made of cardboard.

Her knees and ankles were very painful, especially at night.

Her calf muscles were contracted from her ankles to her knees and were tense and stiff, she felt them as hard ropes.

Her right hand looked like the “ape hand” of Charcot’s disease or amyotrophic lateral sclerosis.

The leitmotiv which ran through everything she told me was **“I feel that I’ve lived all my life in order to be punished.”**

She had always taken care of everything for her family, which had experienced a quite a few misfortunes.

She told me : “I was a perfect little model child, I never misbehaved. They all counted on me; I had a congenitally docile nature so was always the one to shoulder the burden of responsibility.”

The theme of unrecognized sacrifice pointed me in the direction of Carcininum, which brought her great relief, first in a ten thousand dilution, then one hundred thousand, then a placebo two or three times.

I saw her again on the seventh of September two thousand and five and she told me she was feeling better, her heart problems were greatly alleviated, she was sleeping better and living a normal life.

She no longer suffered from headaches, abdominal distension or constipation. She had enjoyed having her grandchildren to stay during the summer and not found it too tiring.

Her leg muscles were no longer contracted and she was able to go on four or five kilometre walks, though she kept feeling a burning pain in her knees afterwards.

Her finger-joints still ached after exertion, as when she did the washing-up or peeled vegetables, but the needles and cardboard sensation in her fingers had disappeared.

The right thenar eminence was regaining a bit of volume.

No remedy.

When I saw her again on the ninth of November two thousand and five, she felt well and her thenar eminences were both the same size. She said: "When I came to see you I thought my life would soon be over".

Her next appointment was on the thirty-first of January two thousand and six. Her mother had had an accident and she had looked after her for two months, spending every night by her bedside.

Her brother had systemic cancer and was in great pain, so she couldn't sleep any more.

On the eighth of December of that year she told me she had had stomach ache on waking and felt like vomiting, with a sensation of heat. She had got up to open the window and fallen over. This had been followed by diarrhoea and tachycardia. Her finger joints were swollen and painful.

Carcinosinum helped her get over the loss of her brother and then of her sister, both of whom had died of cancer in the course of two thousand and seven and two thousand and eight..

However, the other thenar eminence was flattening which indicated that Carcinosinum was no longer having any effect on this symptom of incipient ALS.

Thanks to several other remedies she remained in good health until 2014 ("two thousand and fourteen") and told me she had recovered her sense of balance.

The neurological symptoms, however, were worsening :

- the feeling her feet were made of cardboard had intensify in the course of the year; and
- she suffered from pains in the right hypochondrium, which were aggravated when touched and after eating.

I prescribed Heloderma on the following themes :

Sensation of loss of balance, desire to “put something solid in her head to rebalance it”, never do anything to excess, her need to understand children and her sense of being invested with a mission. Then six more doses of Heloderma in the course of 2015 (“two thousand and fifteen”). This improved the functioning of her gallbladder and eliminated the sensation of loss of balance.

But a small pink patch appeared at the top of her forehead. It looked like a baso-cellular ephelioima.

I next saw her on the eighteenth of September two thousand and fifteen”). The cardboard feet sensation had been increasing for the last three weeks, with the feeling a taut rope was pulling on her calves. There was an increasing loss of feeling in her fingers. The soles of her feet exhibited hard tendons, as in a sort of Dupuytren condition of the foot. I looked at the rubric Dupuytren. Plumbum is In it. Pumbum ! This would never cross my mind. She had so often told me that she had been a very obedient little girl! I asked her what her attitude had been to rules and prohibitions when she was a child, and she replied:

“I always toed the line and kept within bounds, so much so that I sometimes now feel the urge to do something I shouldn’t, like ring a doorbell and run away – which I never dared to do as a child. I’d have liked to be a boisterous child and see how far I could go, but I didn’t allow myself to do it, I don’t know why. This has always been in my nature. I was condemned to do my duty; it was like a prison sentence.”

I saw that she was an egotrophic case of Plumbum. This was a model child who had always had the urge to transgress, but never allowed herself to act on it. This was just as well, except that instead of controlling this urge naturally and effortlessly through the exercise of reason, she was obliged to make a constant and exhausting effort to do so. So she felt she lived only to be punished for an urge she had always repressed. She was, as she said, condemned to do her duty instead of finding happiness and fulfilment in doing it.

In egotrophy of 1st degree Plumbum provokes struggles unconsciously and constantly to suppress his excessive sensibility to prohibition, as did my patient.

I gave her Plumbum 10000

I next saw her on the fourth of November two thousand and fifteen. She told me her feet no longer ached and that she had obtained very quick relief, but that she had been suffering from aphonia since October, which might have been an aggravation caused by the remedy. Plumbum 12000 (twelve thousand).

Our next appointment was on the **fifth of January two thousand and sixteen**, Plumbum twelve thousand had worked well : her aphonia was soon cured and she told me her fingers were less tense and felt slimmer and more supple; the cardboard sensation had disappeared and she no longer felt her calf muscles as if hard ropes. The sense of touch was returning to the balls of her fingers.

So Plumbum was the first remedy to cause the neurological symptoms to regress to any real extend.

When I asked her: “What about your urge to ring doorbells ?”, she replied :

“I no longer feel that, but I’d love to try hang-gliding I have a longing for freedom which I’ve never been able to satisfy.”

“Which you never permitted yourself to satisfy”, I replied.

I told my secretary to give her Plumbum one hundred thousand.

The patient’s reaction was “A hundred thousand ? I’ll explode !”

I explained to her that the risk of explosion was what had made her afraid to transgress, which had kept her on the narrow path of virtue and that for her, virtue had been experienced as the imposition of a punishment.

The next consultation took place on the first of March two thousand and sixteen. She had been feeling dizzy for three weeks ever since the son of a friend and neighbour had shot himself in the head; she thought about it every night. Whenever she stooped she felt she was going to fall and had to catch hold of something.

However,

The pain in her trapezius had lessened considerably. There was no more stiffness of the toes. She had the impression that the palms of her hands were less flattened.

I administered Ignatia ten thousand on the spot because of the intercurrent event and Plumbum ten thousand the next day.

When I saw her on the thirteenth of June two thousand and sixteen, she told me she still felt dizzy when she stooped, though much less than before, it had eased off in a week. There had been no reoccurrence of the sensation of cardboard or hard ropes in the calves.

After she took the dose, the baso turned bright pink and a crust formed around it which had fallen off after a week. Healthy skin was forming an internal flap and the baso was not burrowing any further under the crust.

The tendons in the palms of her hands were less hard, but her finger joints were more painful.

When I asked her whether her punishment delusion was dissipating, she said “Definitely – I just don’t think about it any more”.

I gave her Plumbum ten thousand plus one.

When I saw her on the eighth of July two thousand and sixteen, she said she felt full of energy and that her fingers ached much less. The flap of healthy skin was penetrating the baso and traversing it almost completely.

She was to take Plumbum again in September, November and February. When I saw her on the twenty-ninth of November, She had no more pains in her fingers or feet and no more cardboard sensations or cramps. Her palms looked almost normal.

I saw her again on the eighth of June, after a bad new a month ago : her so healthy and sportive son-in-law had been operated for a cancer of the marrow.

She somatise on the finger-joints inflammations but not on the neurological symptoms.

She says that she is ready to give a public witness of the evolution of her case under homoeopathy.

Thank you for listening to me, and thanks to Germany for giving us Dr Samuel Hahnemann.

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To get us started, I want to introduce myself. I come from Stuttgart, Germany, where I work as a orthopedic medical doctor specialized in chronic pain. I run an office of my own. (P)

My presentation is about an assessment of the corporal sphere along the acupuncture system respective the myofascial system. The aim is to show the investigation of chronic fascial disturbances in order to mobilize resources by homeopathic treatment.

First some remarks about the close relationships between the myofascial system and the acupuncture system.

Secondly a demonstration of the assessment

As a third point some examples and results.

To the first point: The course of the myofascial trains and the acupuncture channels are quite similar to each other (P). They run in longitudinal direction, to each side of the midline.

Both systems are assumed to connect the inner world of the organism with the world around. The fascial system is a delicate perception organ with a lot of free nerve ends while the acupuncture system is thought as a part of a global biotic field forming the body as a subunit. It's called qi.

The polar energies of the qi are yin – it is the energy of building structures and recovering them – and yang – the energy we normally regard as such like radiation, heat or movement. For a healthy live they should stand in a good relationship.

The acupuncture system is more comprehensive than the myofascial system, because the qi is not limited within the body. The treatment however is related to the myofascial system in form of needling, exercises, massages and remedies.

The acupuncture system as well as the myofascial system reacts as a whole, so one can use indicator reactions of any muscle or of any part of the superficial fascia to test the whole system:

- Dysfunction is indicated by too weak or too tight muscles or by tightness of the whole fascia
- Regular function respective recovery is indicated by a return of normal strength of the indicator muscle as well as a normal elasticity and tension of the superficial fascia.

I look for 4 types of disturbances: (P)

- In the fundamental system of 8 extraordinary vessels, Comparing the organism with a tree they are the roots (P).
- in the so called “organs” or basic functions of life providing for metabolism, information and movement. They are the trunk (P) and the branches of the tree.
- in the superficial biotic energy organized in channels and layers of the surface
These are the leaves of the tree. (P)
- in the connecting resonance between all these structures and functions.
These are called the Five Phases or Five Elements. They are different mixtures and interferences of Yin and Yang. They are represented in all structures and are responsible for the wholeness of the organism.

After a differentiated diagnosis of these disturbances I assess the resources of the biotic energy by activating all detected disturbances together within a short time and testing which parts of the system enclose the suitable energy to dissolve them.

Now I'd like to show the course of my assessment and would be glad to have a volunteer.

The fundamentals consist of 8 extraordinary vessels. They derive from the center of the body within the pelvis (P).

The Vessels of the midline are regarded as Ocean of Yin (Renmai) in the front and Ocean of Yang (Dumai) in the back (P) of the body. They are assumed to flow from the perineum upwards to the vertex. Fundamental Yin-Yang disbalances can be detected by sweeping along the midline. If there is an indicator reaction after sweeping upwards the Dumai it means a fundamental excess of Yang. If one finds an indicator reaction after sweeping down the Renmai it shows a fundamental deficiency of Yin. It is also important if there is an indicator reaction by touching the vertex or touching the perineum (by the person itself). Such disturbances must be dissolved in order to get a reliable and stable recovering.

The other 6 extraordinary vessels are hidden in the course of the main channels I will explain at once. They can be assessed by stimulating the so-called confluence points which are said to be in resonance to them (P). Often one finds indicator reactions when there are asymmetries like scoliosis or asymmetries on behalf of a severe accident.

The basic biotic functions or "organs" (P) are organized in three circuits of metabolism, information and movement. In the comparison of a tree they form the trunk. They can be assessed by touching corresponding projection zones at the end of the deep fascia (P). These zones are also known from the traditional pulse diagnosis. The test will be more sensible in combination with certain stretchings. Testing the circuit of metabolism will achieve more sensibility by bending forward while the corresponding zones are touched, accordingly the circuit of information by bending backwards and the circuit of motion by twisting the body. In addition the corresponding parts of the extremities should be stretched. (P) If the first circuit is deficient one often finds a history of individual and also familiar metabolic diseases. The function orbits are called Large Intestine, Lung, Spleen and Stomach. There is often a sensibility against certain nosodes like tuberculinum, medorrhinum, psorinum. In case of deficiency of the second circuit you will find a lot of cancer or at least a sensibility against carcinosinum. If the third circuit is affected you may find autoimmune diseases and in many cases a sensibility against syphilinum. Those conditions give rise to a lot of diseases. The corresponding symptoms may change or even disappear but these deficiencies will stay until they are cured. They might be an equivalent to what Hahnemann called "Miasms".

The old Chinese teachings claim that the energy of the organs is circulating in channels and layers of the periphery (P). The Yang channels expand over the lateral and dorsal aspect of the trunk, the lateral aspect of the extremities and the head, the Yin channels over the ventral side of the trunk and the inner sides of the leg. (P)

These are the leaves of the tree. The Yang Channels form 3 superficial layers the Yin channels 3 deep layers. The deeper disturbances are reaching the more severe diseases may arise. So one can gauge the progress of healing by the reduction of disturbances in these layers. (P). I summarized my cases of the last year undertaken the illustrated assessment. In the first half year 64% got an improvement of tree layers in the average. In the second half year 75% got an improvement of 4.6 layers. So my treatment became more effective in terms of chronic conditions and not only of symptoms.

Three more points are to be assessed. The channels (P) form the leaves of the tree. All Yang-channels run from heaven to earth if one raises the hands to the heaven.

The Yin-channels run vice versa. One should check them globally in order to detect a general superficial Yin-Yang-disbalance by sweeping in the direction of their flow and against it and detecting the indicator reaction. If there are local complaints you have to check the channels in detail .

(P) The last subunit to be checked are the five phases of change. This means different intensities, mixtures and interferences of Yin and Yang at different places, in different materials and at different times. The tradition conveys five stations of the acupuncture channels on the extremities - named ancient points - connected to the five phases(P). One can use these points to reveal relationships between particular parts or regions of the body and particular phases. I used them as a key to investigate the relationship between the five phases and the five osteopathic diaphragms. These are mainly transverse structures, perpendicular to the longitudinal structures. „The“ namesake midriff diaphragm is one of them. Like in a house, the diaphragms make up five levels. (P) Some years ago I have published that they are connected to the five phases. One can find also some relationships to the chakras what means that these structures are universal.

In order to find the resources you have to activate all findings by a quick sequence simultaneously. Afterward one can check which function orbits or which extraordinary vessels provide for the resources to dissolve the disturbances.

One can also check which homoeopathic remedy is able to do so.

Anamnesis:

Since six month severe vertigo, < Motion of the head, also when walking.

Begin all of a sudden with extreme rotational vertigo
diarrhea in the morning

heavy panic attacks (anxiety alone)

Findings

Restriction of both TMJ's , blockade C1/2

Vessels :Dumai + (Ocean of Yang)

Renmai - (Ocean of Yin)

Ren1: Indikator reaction (Chakra oft he root)

Spleen4: " " (Chongmai, Sea of "Blood"))

Functions :Circuit of Motion

(Liver Pericardium Gallbladder TripleWarmer)

Channels :Yang+ Yin-

Phases :Indikatorreactions all over

Ressources :YinWeiMai

Daimai

➔ Erbium sulfuricum C200

One Week later

More anxiety

Awakening at midnight, no sleep until morning

Less diarrhea

Vessels :0

Functions :Circuit of Motion

Circuit of Information (structure and exchange)

Phases :0

Channels :0

Ressources :Spleen 3 (r), Stomach 36 (l)

➔ Calcium carbonicum C200

20 days after beginning

The first week after Calc 200 a descend into hell, but now anxiety no more always, it stops by itself.

Vertigo and tinnitus unchanged.

Vessels :0

Functions :0

Channels:0

Phases :Water (Yin) represented by the zone of the neck

Ressources :Liver 3 (r) and Stomach 36 (l)

→ Gelsemium C200

33 days after begin of the therapy

More force of life, diarrhea stopped. Vertigo according the specialist caused by the inner ear. Has to make special exercises. Some panic attacks but decreasing strength and frequency.

Vessels :0

Functions :0

Channels:Indikatorreaction touching the right Triple Warmer channel.

Phases :Indikatorreaction touching the sacrum

Ressources :Liver 3 right side, Gallbladder 34 left side;

→ Aconitum C200

Take home Message

A differentiated assessment of the myofascial System can be a reliable control of the homeopathic prescription

Homeopathic Intercurrents : The key remedial answers in the treatment of ASD / ADHD / ADD?

Introduction.

Effectively treating children with developmental disorders and putting them back in to the civil society as optimal adults is challenge to every physician who deals within this domain.

It is perplexing when, sometimes, we find that a well taken case and well selected remedy often do not yield the results we expect. Despite best efforts in enquiring, analyzing and prescribing, the patients improve to an extent and reach a status quo. We then begin to ask questions what could have been lacking, of a physician to accomplish this.

What is the intercurrent remedy ?

By an Intercurrent I mean a remedy which is given after an individual has received the proper constitutional medicine and has showed improvement appreciably and has attained a status quo.

The intercurrent remedy qualifies for prescription by its peculiar homeopathic similiarity to a specific symptom or symptom complex and is not addressed by the constitutional remedy.

The intercurrent remedy can be from any kingdom source of the remedies.

Intercurrent remedy and treatment of ASD/ADHD/ ADD.

Children with developmental disorders like ASD, ADHD, ADD , etc have many symptom manifestations at both the mind and the body. The vibrant symptom spectrum of these disorders often makes it challenge to properly pigeonhole these in to categorical diagnoses.

The symptoms mostly are in a continuum and vary in severity and manifestation, in accordance with the child's inherent state of disposition and constitution. However we see a clear picture arise out of the totality based on our conceptualization and evaluation of these symptoms. The remedy prescribed on that basis often brings about a very evident improvement in the child's behavior and mental state and body conduct.

After a duration of 12 – 15 months of constitutional treatment, there is a very remarkable improvement in the child but however a few symptoms persist in varying intensities and frequency. Often these symptoms manifest after an exposure to an environmental stressor. Or they are isolated symptom phenomenon which have no pathological / rational basis.

In the earlier days of my practice I noticed that the drop - out rate of these children was little more. On further questioning the parents, it was learnt that there was no any more improvement and few symptoms are persisting even after the child was otherwise healthy and near normal. This feed back

Symptom
Intercurrent remedy

was important and it propelled the mind in search for what was missing from the treatment. What is being over looked ? After going through their case histories and reading between the lines, the few symptoms which were persistent had their manifestations as a response to an environmental stressor. These symptoms were only seen when the child experienced / was influenced by environmental stressors like parental refusal, lack of

love, physical abuse, accident, fright, etc. I have summarized few of the common symptoms with their stressors and remedies which helped, learnt from practice. Stressor

Fright	Headbanging. Biting nails. Typical hand gestures. Waking at night. Weeping	Bell., Cina., Op., etc
Anger / refusal	Self harm. Loss of eye contact. Echolalia. Involuntary laughter/ weeping.	Stram., Bell., Cham., Cicuta., Carc., etc.
Shock	Restlessness. Evading social contact. Unexplained laughter/ weeping.	Arn., Ign., Stram., Sacch., Carc.,
Grief	Indifference to surroundings. Avoiding meeting people. Seeking loneliness.	Ign., Sacch., Staph., etc.
Supressed fever	Hypearactivity. Loss of attention. Rage and violence.	Nux vom., Sil., Merc., etc
?	Desire for specific colors – green, red, blue etc.	Tarent., Merc., Posit.,etc Nux., Tarent., Lach.,
?	Aversion for specific colors Desire to wear old clothes. Same shoes. Etc	Helod., Bufo.,

The peculiarity of the symptoms and their concomitant presence made me look for remedies which had this striking similarity to the child's manifestation. Often such remedies did not have any similarity to the child's state generally. When they were given for once or twice, the symptoms went away and also the child seemed less affected or did not show these symptoms to that cause, as he did earlier.

My anticipation of an adverse change in the children's state after the intercurrent remedy was given, did not last long. There was no alteration in the child's state and on the contrary they showed significant betterment in their over-all condition.

Conclusion

It is always good and we all wish it would be as easy and simple to treat these children but unlike other diseases, the complexity of manifestation and impatience of the parents give us less time to bring about lasting improvements. The effectiveness of a constitutional remedy to

correct the entire spectrum of manifestations is questionable, on the background of modern teachings and methods which speak of a single remedy cure.

We have guidelines which say that if the progress stands still, re-take the history and prescribe on the then present state. But in the developmental disorders, the single or isolated symptom complex is the often only data to be prescribed upon and that is exactly where the intercurrent becomes relevant.

It is wise for us to look out for the subtler symptoms and behaviors and remedy them on a single symptom/manifestation basis, instead of waiting for the previous remedy to do a miracle.

Hopefully these interventional remedies can open up and help heal the developmental disorders more fully and effectively.

