

"Q BENEFITS OF POWER TO COMPLETE THE TREATMENT OF CENTESIMAL"

(Supported By Video)

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Abstract

This is the case of 60 year old patient, with 5 years with fibromyalgia refractory to the allopathic treatment. She has received an "imperfect homeopathic remedy" (§ 182). Finally Natrum Muriaticum was given and healing appeared. Not only physical symptoms disappeared (fibromyalgia) but there was a general and mental improvement.

In this situation I decided to experiment the Q potency with the same remedy and great changes arose. She decided not to break up from her husband, and after 35 years without talking to her father, she was finally able to look for him to rebuild their relationship and her resentment disappeared. "That was main focus of her life".

In the "Chronic Disease" Second Edition, Hahnemann proposes that the focusing of the treatment could get rid of "Psora Latente". So by using Q potencies, it is even more possible to reach this result.

Key Words.

Fibromyalgia – Q Potency or LM – Psora Latente

Introduction.

I'm a gynecologist but I also attend to male patients. I started with homeopathy 10 years ago and now I'm a teaching assistant in the Homeopathic Association of Argentina.

I began treating patients with centesimal in a single dose and in repeated ones. When introducing LM or Q – potency, I noticed substantial differences in their evolution.

"Hahnemann's work is an example of erudition which lasts in time for the simplicity of knowledge, based on the great experience of the clinical practice".

That's why I prefer to express my experience through a case.

This is the case of a 60 year old patient called Myriam who consults for tendinitis with burning pain after an effort.
 For five years she had fibromialgia which turned out to be resistant to conventional treatment.

NOVEMBER 2009 - Miriam B.

- "In the morning, I wake up feeling stiff", getting better with movement
- "I thought I was going to murder my husband. I planned it with time. I was going to kill him and then kill myself".
- "I have a volcano inside"
- "I'm afraid of getting out of control when I get angry, I feel furious inside"
- "I felt I was swallowing dry stones, as gravel. Holding back the anger"
- "I aborted when I was single, I live asking for forgiveness"
- "I am always resentful with my mother"
- "I felt hatred towards her"
- "I enjoy being silent and alone"
- "Generally I don't cry, I would like to burst out crying".
- "I crave for salty food and I love fat "A skinless chicken is like a river without water"
- "The heat makes me crazy, I don't like the sun very much and it upsets me".
- "I suffer from anosmia; it seems to be I was born without sense of smell".

The screenshot shows the RADAR 10.0 software interface. The main window displays a list of symptoms on the left and a matrix of numerical values on the right. The symptoms listed are:

- 1. MIND - AILMENTS FROM - mortification (40) 1
- 2. MIND - KILL; desire to (54) 1
- 3. MIND - ANXIETY - conscience; anxiety of (75) 1
- 4. MIND - REPROACHES - himself (36) 1
- 5. GENERALS - FOOD and DRINKS - fat - desire (67) 1
- 6. NOSE - SMELL - wanting (87) 1

The matrix below shows numerical values for each symptom across various categories (columns):

	air	nat-m	nat-v	ign	pub	ruq	marc	til	arac	lact	mad	calc	stram	aur	hyp	lyc	ruq	alum	op	phos	fluor	argem	
1	6	5	5	5	5	5	5	5	5	5	5	5	5	4	4	4	4	4	4	4	4	4	4
2	11	11	11	10	10	10	9	9	8	8	8	7	7	10	9	8	8	7	7	7	6	5	
3	1	3	2	3	2	2	1	-	1	2	-	1	1	2	-	3	4	1	2	-	1	2	
4	2	-	2	-	-	-	2	1	1	2	2	1	2	-	3	2	2	1	1	2	-	1	
5	3	2	2	2	3	2	2	3	2	2	1	2	4	2	-	1	3	-	1	2	-	-	
6	2	2	3	2	2	1	1	1	1	1	1	-	1	2	2	1	1	-	2	-	-	-	
7	1	1	2	1	1	2	-	2	-	-	2	1	-	-	-	-	-	-	-	1	1	1	
8	2	3	-	2	3	2	3	3	2	1	1	3	1	2	2	2	-	2	2	3	2	1	

The interface also shows a status bar at the bottom with the text "199 remedies / 6 symptoms" and "Sum of symptoms, sort: degree". The taskbar at the bottom includes icons for Início, Correio, RADAR 10.0, Agenda, Microsoft P..., Sin título, and Esquemas.

These are the different remedies resulting from repertorization. Before studying Compared Materia Medica we choose giving her Arsenicum 6CH In drops repeatedly. This dynamization was considered appropriate for the gravity of her mental, general and local illness symptoms.

DECEMBER 2009

Taking Arsenicum 6

Feeling good, not so anguished, more relieved.

A lot of work but despite the tiredness, felt better.

Said "Still blaming myself for the abortion"

Nightmares about the devil and her children drowning".

Arsenicum 30 CH in drops repeatedly.

MARCH 2010

Images of abortion became stronger and crueler.

She said "I don't forgive myself. It mixes up with a rape".

Her muscles were fine

Dreamed of houses, neighborhoods, cities, erotic dreams, fewer nightmares

She said: " I always yearn for the little town where I used to live"

After giving her Arsenicum 30 CH, despite the increasing of the potency, her joints and muscles pains improve. She could walk, go to work...

Nevertheless, her general and mental state, remained unchanged.

Instead the improvement there is a stop in the evolution an new symptoms appeared. This is a pearl in this case.

The case was reviewed, being aware that the remedy was imperfect.

§ 7 "... Symptoms as a totality reflect outside the inner essence of the illness and the suffering of the vital power. They must be the only and main way through which the illness reveals the medicine it requires."

Sometimes it happens that the first remedy opens the case. New symptoms appear and older become to the surface, that remembers me the:

§2 "The Highest Ideal of Healing is the quick, soft and permanent restoration of health; or make emerge and destroy the disease in its full extent by the shortest, safest and unprejudiced path, according to principles of easy understanding."

And also he says in the:

§ 182 "This drug, which was inevitably imperfect, since it was chosen on the basis of insufficient symptoms, serves to complete the content of the symptoms of the disease. In this way, it facilitates the finding of a second more appropriate homeopathic medicine."

The screenshot shows the RADAR 10.0 software interface. The main window displays a list of remedies on the left and a symptom matrix on the right. The list of remedies includes:

- 1. MIND - RESERVED (64) 1
- 2. MIND - HOMESICKNESS (52) 1
- 3. MIND - COMPANY - aversion to - alone, when ... (33) 1
- 4. GENERALS - WEATHER - warm weather - wt... (34) 1
- 5. MIND - HORRIBLE things, sad stories affect h... (36) 1
- 6. DREAMS - AMOROUS (196) 1

The symptom matrix shows the following columns (remedies): Nat-m., phos., sep., staph., lach., sil., lyc., pulr., caust., ign., ph-ac., aur., carb-an., nit-ac., bell., petr., plb., viral., mag-c., calc., iodi., nat-c.

The matrix shows the following rows (symptoms):

	Nat-m.	phos.	sep.	staph.	lach.	sil.	lyc.	pulr.	caust.	ign.	ph-ac.	aur.	carb-an.	nit-ac.	bell.	petr.	plb.	viral.	mag-c.	calc.	iodi.	nat-c
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
6	6	5	5	5	5	5	5	5	4	4	4	4	4	4	4	4	4	4	4	3	3	3
12	11	12	11	10	9	8	8	7	8	8	7	6	6	5	5	5	5	5	4	8	6	6
3	3	-	2	1	1	1	2	1	2	1	1	1	1	1	1	1	1	1	1	2	-	-
2	2	1	2	1	2	-	1	2	3	3	2	3	2	2	1	1	1	1	1	-	-	-
2	1	4	1	-	-	2	-	-	-	1	-	1	-	-	1	2	-	1	-	-	2	
1	1	3	-	3	2	1	1	1	-	-	-	-	-	1	-	-	2	-	-	2	-	
2	2	2	3	2	2	2	2	2	1	-	2	-	2	-	-	-	-	-	4	3	1	
2	2	2	3	3	2	2	2	1	2	3	2	1	1	1	2	1	1	1	2	1	3	

The bottom status bar shows: 251 remedies / 6 symptoms, Sum of symptoms, sort: degree, No restriction, All remedies considered.

In this moment of the case Natrum Muriaticum was clearly the appropriate remedy. Again I began with the 6th CH. From that moment on, big changes were shown.

AUGUST 2010

Feeling really good

Wrote a letter to her father, took big decisions She didn't spoke with her father for 35 years.

She said: "I feel like something is gone"

Natrum Muriaticum 9 CH repeatedly.

NOVEMBER 2010

She said "Pain in memory of my abortion"

Started to sleep very badly again

Natrum Muriaticum 30 CH repeatedly

DECEMBER 2010

So tired from work, very overworked
Always looked at suicide as a solution

Natrum Muriaticum 200 CH repeatedly

MARCH 2011

Mentally, very well
Episode AB is not so frequent - it remains
Started to think about suicide again, nothing stimulated it. Lasted a while, and then disappeared. Drifted back to the past, to the nice moments; met her ex-boyfriend there again.

Natrum Muriaticum 1000 CH repeatedly

MAY 2011

Didn't think about suicide.
Some scents called her attention (she was born without a sense of smell).
Recovered libido.

Natrum Muriaticum 1000 Ch repeatedly

OCTOBER 2011

"My drunken husband said, 'You aborted, where is your son?'"
"I aborted because I was raped".
"I started to attack him and he spoke of 'her'."
"He cried for his 'great love', his ex-wife."
I was glad to have discovered this. She is dead.
"He mistreated me all these years because of the lack of love, his ex-wife felt for him"
"I feel hate"
"Good and bad have an impact on the body. I want to get rid of self-destructive reactions."

Natrum Muriaticum 1 Q / LM

NOVEMBER 2011

"Ok with my muscles". Started to face her husband. He stepped back and she felt calmer. Fear was gone.
Slept better.
Felt more determined. Thought differently.

Her boss mistreated me. She answered him well, not like before.
Sadness completely gone.
Regarding abortion not anguished.
Could manage aggressiveness.

Natrum Muriaticum 3 Q / LM

FEBRUARY 2012

"I had a dream with my rapist, it was healing. I could live that day of mourning, but the key is to be able to speak it out. I used to mortify myself. And I feel like coming to the end of a long path.

Natrum Muriaticum 4 Q - 5 Q / LM

JUNE 2012

No resentment, something changed. Said: "I feel I'm not that way".
Walked a lot; felt no pain.
Said: "I am looking for in my husband what I was looking for in others. It just happened.
The abortion was a result of young people negligence; I can take it out of my head now"

Natrum Muriaticum 10 LM

SEPTEMBER 2012

Surprised. Every day noticed a change. Happy. Not suffering.
Neither resentment nor the word "suicide".
I dreamed of Villa Gesell beach. The water was emerald green. I was splashing that water on me with my hands. I reconciled myself with the sea which I used to say I didn't like.

Natrum Muriaticum 12 Q / LM

NOVEMBER 2012

"I am well after coming here, I could say "I love you" to my husband twice"
They got married. Could say things without resentment.
No tension in her muscles

Natrum Muriaticum 14 Q / LM

MARCH 2013

Said: I loved the phrase "evil is paid with kindness", I cannot believe I took it for me
"Natrum Muriaticum 17 Q / LM

JULY 2013

Her mother died. Took care of her over the last 15 days. They reconciled.
Could face her rapist.

Natrum Muriaticum 18 Q/ LM

MARCH 2014

- "I started to write and I'm actually attending a literary workshop"

NOVEMBER 2014

Her life changed, even her husband changed.
Smell returned; could smelt a perfume and mint.
Muscles rigidity vanished.

Natrum Muriaticum 25 Q/ LM.

MARCH 2015

Emotionally fine.
Could give a hug to her work mate for the first time

Natrum Muriaticum 28 Q /LM

SEPTEMBER 2015

Tiredness. Finished writing her book "Poems about Love and Lack Of Love" She is a housekeeper who started to write during the treatment about her feelings and sensations ending in the publication of her own book.
Images from the past come back. Guilt.

Natrum Muriaticum 33 Q/ LM

NOVEMBER 2015

As regards muscles rigidity, everything fine. Got better quickly. Images disappeared in two days.
She said: "If I don't take the medicine. I am afraid of ending up in suicide since I believe it is fair. I feel I step out of suicide at times, I take medication and the feeling disappears. Thoughts appear but not guilt".

Natrum Muriaticum 35 Q/ LM

FEBRUARY 2016

Eat much fat.
Had to stay in bed many days because of a lumbar pain.
Muscles were fine.
Didn't think of suicide. About to turn 60. She related it with AB.

Felt it was hard to be aware of that.

Smiling, got better

§ 280 *"The dose of medicine that is useful in a continuous way and does not cause new annoying symptoms, is gradually increased until the patient, showing signs of improvement, begins to experience one or more of his former original disorders to a moderate degree. This indicates an early cure by a gradual increase of the very moderate dose, modified each time by succussion (see § 247). The vital principle no longer needs to be affected by similar medical illness to lose the sensation of natural disease (see § 148). It indicates that the vital principle, free from natural disease, only suffers from homeopathic medicinal disease, which is called homeopathic aggravation."*

Depuratum PL(placebo)

APRIL 2016

Very quiet. Her mind was calm.

No sadness. Felt great.

Go on with Depuratum PL (Sacarosa Lactis).

§ 281. *"To be sure of this, the patient is left without medicine for eight, ten or fifteen days and is given only some milk sugar powder. If the last few complaints were due to the medicine that imitated the original symptoms of the disease, then these will disappear in a few hours or days. If during the days without medicine and carrying an orderly life regime, the patient no longer observes any remnants of the original disease, then he is probably cured. But if in the last days still appear remnants of the symptoms of the previous disease, it means that the remnants of the original disease were not yet completely extinguished. These should be treated again in the indicated way with greater degrees of dynamization of the medicine. The first minimal doses should be gradually increased again, in order to achieve healing. However, in a slower way, in those patients in which a considerable susceptibility is perceived, unlike the less sensitive ones, the doses can be increased more rapidly. There is a ratio of 1000: 1 among the patients with extraordinary sensitivity versus the insensitive ones."*

NOVEMBER 2016

"I am great. Mentally and emotionally fine".

"Sometimes minimal thoughts, but they are gone quickly".

"With my husband very well and physically great".

Before coming to this congress I had an interview and she was physically and mentally healthy.

Conclusion.

My idea was to bring over this case, which clearly shows what usually I observe when treat patients with Q potency. The intention is to share my experience and to push you to start using Q potency in your practice and personally experience with it; in the appropriate way, as Hahnemann says, in his last work: *"The Organon - 6th edition"*.

In my experience the homeopathic practice with LM or Q potency, I consider that:

- The improvement evolution is fastest.
- The evolution is more stable, without ups and downs like with CH.
- With Q potency the feeling of improvement remains.
- The action is deeper.
- We could say that the change of consciousness in patients treated with Q potency is much more frequent than with CH.

Q-potency, in my experience, produces an improvement not reached with the CH potency. It goes from a disease state to a new state of health, which has not been previously experienced by the patient. Not only their ailments disappear but they produce a change in the relationship with themselves and with the environment, which leads them to harmonize their bonds and affections.

Spontaneous phrases like: -

"I'm more clear minded, it's like removing a barrier"; "My viewpoint is different"; "My thoughts are in order"; "The drops bring me back on track"; "I'm filled with energy, I'm aware of my feelings and what I feel like doing"; "I used to be attached to people"; "I can take decisions, I can stand firm"; "There was a mental construction before where I was trapped and couldn't see beyond, but now I'm more flexible..."

Just to put some of the most frequent examples of patients treated with Q potency..

Hahnemann gave us the fruit of his main concern. He reached his aim when discovering a new way of preparing, prescribing and following patients, based on the foundation of homeopathy. Always following the basic principles of Homeopathy.

Hannemann says in:

§ 269... *" that this new treatment develops the inner medical powers of spiritual nature in the substance to an extent, never seen before."*

His work inspired all of us to follow his teaching with great awareness, especially with LM / Q potency, which was his most refined piece of work.

To me it meant a huge difference and endless satisfaction.

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